



FOOD DRINK AND CONVERSATION
FROM AROUND THE TABLE

Homemade Play-doh Recipe

1 cup flour
1/2 cup salt
1 Tablespoon alum powder
1 cup water
1 Tablespoon oil
Optional fragrance – essential oil or 1 Tablespoon vanilla extract
Liquid or gel food coloring

Put flour, salt and alum powder together in a sauce pan. Stir to combine. Add water and oil and cook over medium heat stirring constantly. Continue to stir as lumps form, eventually it will become the consistency of thick mashed potatoes. Remove from heat. Let cool until you can handle it.

Put dough on counter and use your hands to knead and form it into a ball. Separate into balls depending on how many colors you want to make. Flatten the ball slightly, add a few drops of color and fragrance if you are using it and fold it and continue to fold it on itself mixing in the color. For darker color, continue to add drops and knead.