



FOOD DRINK AND CONVERSATION  
FROM AROUND THE TABLE

### **Cinnamon Rice Cereal**

White Rice

Butter

Brown Sugar

Cinnamon

Milk

Put a piece of butter, and few spoons of brown sugar over rice in a bowl. Cover with milk. Microwave until very warm. Sprinkle with cinnamon and eat.

Brown Sugar Tip: Perhaps you all know this trick but it is one of my favorite kitchen tips. A small little slice of apple in your brown sugar will keep the whole thing from getting hard for months. Just pop a little apple sliver in the bag or in a tupperware.