



FOOD DRINK AND CONVERSATION  
FROM AROUND THE TABLE

## **Mango Citrus Popsicles**

Flesh from 1 mango  
Juice from 1 orange  
Juice from 1 grapefruit  
3 Tablespoons of honey

My magic bullet blender has seen a lot of action this summer! This recipe is approximate, really any combination of fruit and juice will make a refreshing summer popsicle.

Put all ingredients in a blender. Fill popsicle molds and freeze.